

Beta Gamma
Epsilon
Sr
Phi Theta Kappa

08/18/2019
Volume 1, Issue 1

The Bugle

New school year

New year, new officer team! As of this summer, we now have a few new officers in place.

President: Ellie Danley

Vice President: Brian Melio

Recording Secretary: Kayla Goff

Treasurer: Gertrude Muthumbi

Webmaster: Andrea Young

Newsletter Editor: Sarah Kosa

We share a warm welcome to all new and current Phi Theta Kappa members. We hope that everyone got the classes they were looking for, and are excited to start the new semester!

Andrea Young, President of the ohio region

After a recent turn of events, Andrea Young (previous Vice President of the Ohio Region), is now the President! All of us from the Beta Gamma Epsilon Chapter congratulate you in your success. Andrea is super excited for this year and can't wait to lead the Ohio region to success.



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Special points of interest

Fall semester begins August 26th

Next meeting dates Nov 14th, Nov 18th



Finals will come up in no time, we are already at the halfway point in the semester. Keep up the hard work!

Advisor's Corner

Greetings Beta Gamma Epsilon,

Well we are at the beginning of another school year. I hope everyone had a great summer. There are several events coming up this fall but the one I would like to mention is the Leadership in Action Conference that will take place October 11-12, 2019 at Columbus State Community College. This will be a Friday evening fellowship followed by an all day Saturday leadership training and experience. Friday evening will be spent at the Franklin Park Conservatory and botanical gardens and I understand the Chihuly glass exhibits are amazing.

Jenna Santacrose, Phi Theta Kappa's International Vice President for Division I, will be in attendance and will give the keynote address on Saturday. Our very own Andrea Young, Ohio Region President, will sing the National Anthem, and of course, preside over the conference.

One exciting event has just occurred; the Sigma Omega Chapter of West Virginia University at Parkersburg has just been given permission to transfer from the Virginia/West Virginia Region to the Ohio Region! This request has been in for a long time and has finally come to fruition.

Good luck to your fall studies and I hope to see all of you at our chapter meetings.

Dave

PTK Catalyst is April 2-4th 2020, are you ready?
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Dr. Gerber Joins Advisor Team for Beta Gamma Epsilon

Dr. Gerber has joined David Sigmund and Shari Brooks as an advisor for the Beta Gamma Epsilon Chapter of Phi Theta Kappa. Dr. Gerber was previously the Advisor for the Stark State College Chapter of Psi Beta, the National Honor Society in Psychology. Dr. Gerber continues to serve on the Psi Beta National Council and is the Executive Director of Psi Alpha, the National Honor Society for High School Psychology.

Dr. Gerber holds a Bachelor's degree, two Master's degrees, and two Doctorates (both a PsyD and PhD). He spent the first 25 years of his career in applied Psychology fields primarily designing, developing, and implementing creative alternative programs for adjudicated youth. He also had a private practice specializing in Autistic Spectrum Disorders. Dr. Gerber has now served for 15 years as an Associate Professor of Psychology at Stark State College. He has been an invited speaker at numerous National and Regional conferences including APA, MPA, NITOP, NISOD, APS, and others. Dr. Gerber also serves on two APA National task forces. His research interests include adult learning principles (andragogy), interpersonal interaction, and stress management. Dr. Gerber lives in Marlboro Township, Ohio with his wife Kathryn, son Branyn, dog Sadie, and cat Maslow. He also has a grown daughter, Tara, her friend Dale, and a granddaughter Alaina.

New advisor Dr. gerber

Dr. Gerber is a new addition to our Beta Gamma Epsilon advisor team. We welcome him whole heartedly and can't wait to see what his addition this year will bring our chapter. He will be guiding us in our Honors study topic. He has a vast experience in psychology, and will lend a great deal to the successful completion of our project.

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Advisor's Corner CONT.

Greetings Beta Gamma Epsilon,

We are gearing up for another great year with our Phi Theta Kappa Chapter here at Stark State. Are you looking to become more involved in our chapter? There are many ways you can be an active member: 1. Attend a Chapter meeting (3rd Thursday of each month at 6pm in S201) 2. Can't make Thursday nights? Come to our Monday Recap meeting (2nd Monday of the month in S201) 3. Gather research articles for our Honors In Action (contact [Ellie](#) for more information) 4. Make a Difference for Stark State Students via our College Project Giving Tree (contact [Andrea](#) for more information) 5. Earn your 5 Star Competitive Edge (<https://www.ptk.org/Programs/FiveStarCompetitiveEdge.aspx>) 6. Connect with us via social media (Twitter: StarkStatePTK Facebook: groups/PTK.BGE Website: starkstateptk.org) 7. Attend a Regional or National Conference (<https://ohio-region.ptk.org>)

*Stay Connected!
Shari*

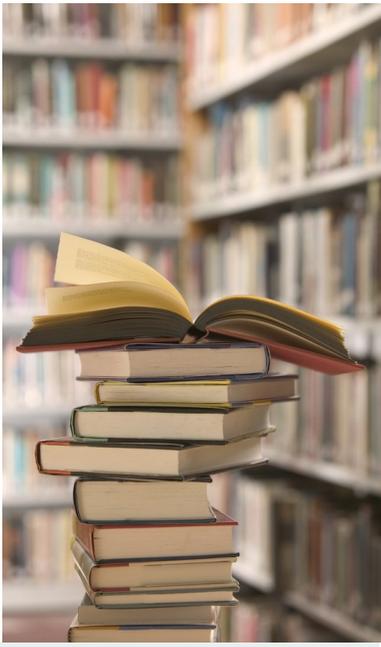
Have you checked out the Five Star Competitive Edge?
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MEMBER TESTIMONIES

Being a part of Phi Theta Kappa has been an extraordinary and enriching experience. From the moment I stepped foot in the first meeting I was welcomed with open arms and receive as a peer scholar. Our chapter (Beta Gamma Epsilon) exemplifies support of developing leadership skills, by creating occasions to get involved with the school and the community. The most recent opportunity was the Jump Start program that welcomes new students to the campus with an all-day event that includes tours, student resource workshops, a meet & greet lunch with department heads and faculty, and a tee-shirt toss. My membership with our PTK chapter (Beta Gamma Epsilon), provided me with the opportunity to train and serve as a Jump Start Ambassador. Meeting new students and being a part of their warm welcome to Stark State College was just one of many leadership experiences that will forever shape the person I am. Serving as an officer this year is the next step of personal growth that has been paved by Phi Theta Kappa on my road to affecting change and touching lives.

Brian Melio

Hello, My Name is Kayla Goff and I am 19 years old. I am the recording secretary of the Beta Gamma Epsilon chapter of Phi Theta Kappa. I am currently going to school for an Associates of Arts degree in Psychology. While going to school I also have a job in the college store and bookstore here at Stark State College. Phi Theta Kappa means determination to me. In high school I struggled with school and felt like I was not good enough or smart enough for school. During my junior year of High School, I was diagnosed with Attention Deficit Disorder. This helped me realize that it wasn't that I was not good enough or smart enough but instead that I had this barrier that made it harder for me to succeed. Now being in Phi Theta Kappa I use it as a determination to fight against my ADD and now that I am smart enough and good enough to be in school and earn the degree that I am so passionate with. #



President's Corner
"Phi Theta Kappa has been a life changing experience during my time involved. Though strenuous, it's been worth the extra workload and time put in, and I feel it not only has helped me become a better professional, but has held me accountable. I'm thankful for all Phi Theta Kappa has provided to myself, and my fellow members."

MEMBER TESTIMONIES Cont.

My name is Gertrude Muthumbi, a second-year student pursuing an associate degree in nursing. When I chose to go back to school, I knew I was untraditional student and the program is very competitive. So, I

had to work extraordinarily hard on the pre-requisites because wasting any time in the enrollment

waiting list was not an option. I did not have the faintest idea about Phi Theta Kappa, until I got an

invitation to join just as I was finishing the pre-requisites. Being admitted to the PTK broadened my

vision, it has brought me out of the comfort zone of working privately and exposed me to others who,

like me, strive to do their best. Most importantly, it has expanded the opportunities of finding

scholarships and enhanced my academic and career networking.

#*"PTK changed my life" - Dave Sigmund*

Alumni corner

FROM THE CHAPTER ALUMNI LIAISON:

~Julie Sproul

Greetings to all Alumni! We just want to let you know that the Alumni are important members of the Beta Gamma Epsilon Chapter. As you graduate, or if you have already graduated, consider staying active with your chapter to help in their continued success. Alumni can act as mentors by tutoring; by being helping hands in support the events and projects in which the chapter is engaged, and by being a sounding board for ideas, offer suggestions and/or experience from both their time as members of the chapter and of life in general. Sometimes just being there to offer a listening ear can help encourage a member to accomplish whatever goal they have set out before them, large or small; i.e., to stay and finish their two-year degree with a goal of following up with a four-year degree, to go after that dream job, or to go ahead and fill an officer position.

If you can't be involved physically, consider a monetary contribution. We can help financially by supporting the fundraisers or by donating to the scholarship funds that help with membership in the society and help provide access to the Regional Conferences and National Convention, allowing for an exceptional opportunity for members to develop contacts and network with other chapters around Ohio, across the country, and overseas.

The Beta Gamma Epsilon Alumni are holding an ongoing fundraiser to raise funds for the chapter scholarships that they support. Consider a **Phone Pal** to prop your phone up or keep a **Mini Tool Kit**, no bigger than a pen, on hand for that tiny Philips or flat head screwdriver needed for repairs to those small, handheld gadgets, eyeglasses, etc. Sale of these items help support scholarships that make membership possible for eligible students and that are awarded to help members attend conferences. They make great "Stocking Stuffers!" Both items are available now at your chapter meetings or contact your Chapter Advisors, Shari Brooks or David Sigmund.

Phone Pal with pen
stylist for **\$3.00**

Mini Tool Kits (the
size of a pen) for **\$2.00**

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CONT. > Quotes:

Feel free to send me quotes on your experiences at events, or even what PTK means to you. I can populate the site with pull out quotes from our members.

Slack: If you have not joined our Slack channel, email me at andrea.young.ptk@gmail.com and I will send you an invite. When you get an invite, I will invite you to several different channels including Photos, Meetings, Announcements, College Project, Honors In Action project and Random. You can go crazy in the random for chit chat, posting gifs or off-topic, get to know our fellow member area!

Please send any meeting, activities, with the time/dates/additional information to me so that I can place them on the site calendar. Send these invites through Slack (direct message) or to andrea.young.ptk@gmail.com with a subject line of something along the lines of add to calendar.

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Member testimonies Cont.

Ohio Region News: Your Ohio Region officer team held a retreat to discuss goals for the year. The feedback from all of the regions was clear - a focus on increasing membership and participation is important, so it is just one of our many goals for the upcoming year for the region. We had a very productive, fun and team-building and friendship-building weekend. I hope that Beta Gamma Epsilon and other teams across the state can experience this same excitement in their own chapters. When the leaders and scholars of an institution come together with a mutual respect for each other and a genuine interest in making the world around them a better place, it is hard to put out that spark that fans the flame of service, scholarship, leadership and fellowship.

Hopefully you have all completed your Five Star Competitive Edge/PTK Edge soft skills training - which is well worth your time. I want to give a shout out to the new Five Star Employment Edge which I have started and so far it's really great. Similar to the Competitive Edge and Transfer Edge, it is a self-paced professional development course. The focus is on helping participants prepare for entering the workforce. Check it out at: getanedge.ptk.org

Thank you to Julie and Brian who has been the only members to submit an article for the website who promised from last year! As part of your scholarship portfolio, it is great practice to journal or write even a paragraph after attending a meeting, conference, or activity no matter how insignificant it may seem. All of these activities can translate into your portfolio for scholarships, resumes and tidbits for our newsletter and website information. Every member is a vital part of our marketing efforts. Remember -you are walking billboards for PTK and Beta Gamma Epsilon. As a member for life, you are an ambassador for PTK and will continue to be long after you graduate or transfer.

Every member has the opportunity to submit information to be displayed on the website. One of the best ways to learn about PTK is to share your information. If you want to know more about being a Five Star chapter look at PTK's website. Condense that information down and write a paragraph or even bullet points on what it takes to be a Five Star chapter, or maybe what you had to do to apply for a scholarship. You will be helping other members or would-be members at Stark State as well as having a published article on our site. These can be added these skills to your scholarship listings and resume.

Andrea Young –Webmaster/Ohio Region President



Five Star Competitive Edge you have the edge?

Do

A college degree doesn't always guarantee you'll have the soft skills employers expect.

That's where Phi Theta Kappa's Five Star Competitive Edge can help!

No matter the path you're on, **YOU NEED SOFT SKILLS TO SUCCEED!**

Communication, critical thinking, interpersonal skills, professional etiquette – these are important traits to master no matter what career you've chosen. They are waiting for you at GetAnEdge.ptk.org.

Continued on page 10



Honors study and college project

This year we continue our honors in action topic: Theme 7, The Powers of Connection.

“How are the ways we connect evolving and transforming the world?”

We are taking the psychological side of the topic and figuring out how connecting others to help with chronic pain and other ailments will make a difference. Possibly connecting others to support groups to help talk about their problems.

Our college project will be continuing our support to the Psi Beta food pantry. We will be working on new ways to support #

the food pantry, and also continuing this

Soft Skills Don't Have To Be Hard

The Five Star Competitive Edge is Phi Theta Kappa's exclusive online professional development plan designed *just for you to practice and strengthen your soft skills*.

The activities, readings and videos of our self-paced course allow you to strengthen key areas that will give you a competitive edge in achieving your personal and professional goals.

Take it To The Next Level

While gaining skills you'll need for success in college and the workplace, you'll also distinguish yourself as a Five Star Member of Phi Theta Kappa. Instead of only listing "Phi Theta Kappa Member" on your resume, your designation as a **Five Star Member** shows hiring managers, scholarship judges and admissions officers that you took the initiative to improve your marketable skills as a scholar and a leader.

Five Star Members Will

Create a Career Development Plan identifying steps necessary to make their dream career a reality

Compile a scholarship and/or job resume to use immediately for scholarship applications and/or job interviews

Use critical thinking skills to develop an Honors Case Study

Examine their leadership style and emotional intelligence

Learn tips to better collaborate with others from diverse backgrounds

Polish their professional etiquette skills

Have access to an ever-growing Professional Development Video Library

No one plans to fail, they fail to plan.

Source: www.ptk.org

Recognizing and encouraging academic excellence of Stark State students, Beta Gamma Epsilon helps promote leadership, scholarship, fellowship with each other and service to our community. We are not a

fraternity or a sorority. We are an honors society that recognizes student's leadership and

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Upcoming events

Fall semester begins: August 26th

September 2nd: Labor day, no classes

September 12th: Chapter meeting 6pm
S201

September 16th: Chapter meeting 3pm
S201

September 20th: Title XI Training for all
officers

September 24th: Involvement and
Community Fair 11am M100

October 11-12: Leaders in Action
Conference Location: Columbus State

October 31st: Stress Less Harvest Fest
11am-1pm Cafeteria

February 4th: Involvement and Community
Fair 11am Cafeteria

March 6-7 2020: Ohio region Awards Convention to be



PHI THETA KAPPA
HONOR SOCIETY

